

HOLMER GREEN SENIOR SCHOOL – CURRICULUM INFORMATION

Subject: PE

Year Group:	7
Exam Board: <i>(For years 10, 11, 12 and 13 only)</i>	
Assessment requirements:	Use of PE department curriculum awards scheme in each activity. This is translated into a National Curriculum Level each half term. Effort grades are also awarded.
Scheme of work overview:	<p>The emphasis is placed on introducing basic technical skills and their application to game situations. This is completed in the following wide range of sports;</p> <ul style="list-style-type: none"> Athletics Netball Basketball Cricket Dance Football Gymnastics Rugby Tennis Fitness Hockey Rounders Badminton Handball
Reading materials/resources:	

HOLMER GREEN SENIOR SCHOOL – CURRICULUM INFORMATION

Subject: PE

Year Group:	8
Exam Board: <i>(For years 10, 11, 12 and 13 only)</i>	
Assessment requirements:	Use of PE department curriculum awards scheme in each activity. This is translated into a National Curriculum Level each half term. Effort grades are also awarded.
Scheme of work overview:	<p>The emphasis is placed on introducing basic technical skills and their application to game situations. This is completed in the following wide range of sports;</p> <ul style="list-style-type: none"> Athletics Netball Basketball Cricket Dance Football Gymnastics Rugby Tennis Fitness Hockey Rounders Badminton Handball
Reading materials/resources:	

HOLMER GREEN SENIOR SCHOOL – CURRICULUM INFORMATION

Subject: PE

Year Group:	9
Exam Board: <i>(For years 10, 11, 12 and 13 only)</i>	
Assessment requirements:	Use of PE department curriculum awards scheme in each activity. This is translated into a National Curriculum Level each half term. Effort grades are also awarded.
Scheme of work overview:	<p>The emphasis is placed on introducing basic technical skills and their application to game situations. This is completed in the following wide range of sports;</p> <ul style="list-style-type: none"> Athletics Netball Basketball Cricket Dance Football Gymnastics Rugby Tennis Fitness Hockey Rounders Badminton Handball
Reading materials/resources:	

HOLMER GREEN SENIOR SCHOOL – CURRICULUM INFORMATION

Subject: GCSE PE

Year Group:	10/11
Exam Board: <i>(For years 10, 11, 12 and 13 only)</i>	AQA
Assessment requirements:	40% - 90 minute theory exam (unit3) 60% - Practical assessment in four chosen sports (unit4)
Scheme of work overview:	<p>PE Full Course</p> <ul style="list-style-type: none"> Units 3 and 4 <p>Written paper- multiple choice, short answer questions and extended answers based on a pre-release paper Practical assessment- four assessments from two activity groups to include at least two as a performer</p> <p>UNIT 3 Knowledge and Understanding for the Active Participation</p> <ul style="list-style-type: none"> The roles of the active participant Individual differences The demands of performance The difference between aerobic and anaerobic exercise Characteristics and benefits of leisure and recreation Health, fitness and a healthy lifestyle Training Diet School influences Emotional health and well-being Cultural and social factors Opportunities and pathways available for becoming or remaining involved in physical activities International and other factors <p>UNIT 4 The Active Participant</p> <ul style="list-style-type: none"> Assessments in different activity areas, to include at least 2 as a performer and may also include up to 2 as an organiser, leader or coach. <p>Practical Assessment makes up 60% of the course. Practical choices will be finalised in Year 11 based on students' top 4 practical marks.</p> <p>Students will be assessed on individual skills in isolation and gameplay for each sport. A full list of sports is available in PE.</p>
Reading materials/resources:	AQA GCSE Physical Education 2nd Edition Kirk Bizley ISBN – 978-1-4085-2230-1

HOLMER GREEN SENIOR SCHOOL – CURRICULUM INFORMATION

Subject: PE (core)

Year Group:	10
Exam Board: <i>(For years 10, 11, 12 and 13 only)</i>	
Assessment requirements:	All students will receive half termly effort grades.
Scheme of work overview:	<p>The emphasis is placed on the advanced rules, tactics and strategies towards playing the full recognised sport. This is in the following wide range of activities;</p> <ul style="list-style-type: none"> Athletics Basketball Netball Cricket Softball Football Rugby Tennis Fitness/Multi-gym Hockey Rounders Badminton Volleyball Handball Table Tennis
Reading materials/resources:	

HOLMER GREEN SENIOR SCHOOL – CURRICULUM INFORMATION

Subject: PE (core)

Year Group:	11
Exam Board: <i>(For years 10, 11, 12 and 13 only)</i>	
Assessment requirements:	All students will receive half termly effort grades.
Scheme of work overview:	<p>The emphasis is placed on the advanced rules, tactics and strategies towards playing the full recognised sport. This is in the following wide range of activities;</p> <ul style="list-style-type: none"> Athletics Basketball Netball Cricket Softball Football Rugby Tennis Fitness/Multi-gym Hockey Rounders Badminton Volleyball Handball Table Tennis
Reading materials/resources:	

HOLMER GREEN SENIOR SCHOOL – CURRICULUM INFORMATION

Subject: BTEC SPORT

Year Group:	12/13							
Exam Board: <i>(For years 10, 11, 12 and 13 only)</i>	Edexcel							
Assessment requirements:	<p>100% coursework using a range of assessment methods;</p> <ul style="list-style-type: none"> -Written assignments -Group work -Practical tests -Presentations -Laboratory Reports <p>Grades are awarded on a pass, merit or distinction basis, which is equivalent to an E, C and A at level, respectively.</p>							
Scheme of work overview:	<p>Structure of the Course</p> <table border="1" style="width: 100%; border-collapse: collapse;"> <thead> <tr> <th style="width: 50%; text-align: center;">Year 1</th> <th style="width: 50%; text-align: center;">Year 2</th> </tr> </thead> <tbody> <tr> <td> Unit 1: Principles of Anatomy & Physiology in Sport (5 credits) Unit 2: The Physiology of Fitness (5 credits) Unit 3: Assessing Risk in Sport (10 credits) Unit 17: Psychology for Sports Performance (10 credits) </td> <td> Unit 8: Practical Team Sports (10 credits) OR Unit 9: Practical Individual Sports (10 credits) Unit 7: Fitness Testing for Sport & Exercise (10 credits) Unit 11: Sports Nutrition (10 credits) </td> </tr> <tr> <td style="text-align: center;">Year 1 – Total 30 Credits</td> <td style="text-align: center;">Year 2 – Total 30 Credits</td> </tr> </tbody> </table>		Year 1	Year 2	Unit 1: Principles of Anatomy & Physiology in Sport (5 credits) Unit 2: The Physiology of Fitness (5 credits) Unit 3: Assessing Risk in Sport (10 credits) Unit 17: Psychology for Sports Performance (10 credits)	Unit 8: Practical Team Sports (10 credits) OR Unit 9: Practical Individual Sports (10 credits) Unit 7: Fitness Testing for Sport & Exercise (10 credits) Unit 11: Sports Nutrition (10 credits)	Year 1 – Total 30 Credits	Year 2 – Total 30 Credits
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Reading materials/resources:	<p>BTEC SPORT Level 3 – Book 1, Edexcel ISBN – 978-1-846906-51-0</p>							