



Year 7 Assessment Point 1

Revision



Revision materials leading up to your assessment.

Please note assessments take place on different dates, please refer to this in the guide.



Introduction

This booklet has been created to help you prepare for your assessments in each subject. It also includes helpful hints on how you could revise.

You are expected to use the resources in the document to prepare for your assessment point. You should aim to complete all the revision activities leading up to your assessment.

Each subject sets their assessment at a different time so the dates of the assessment are also in the booklet.

You will receive a report in February with all of your grades and your rank order in the year group.

Good luck with your revision and exams!

The HGSS Team.





Is your Revision FLAT?



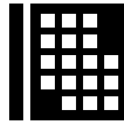
Focused

Put your phone away

Turn music off

Be in the right physical place to revise

Be in the right frame of mind to revise



Long-term

Start early to avoid stress later in the year.

Make a revision timetable and commit to it.

Plan 30 mins a week per subject.

Interleave different topics.



Active

Engage your brain by actively creating revision resources.

Test yourself, get others to test you.

Practice exam technique- plan and write questions

Revise what you struggle with.



Transformed

Transform the knowledge you want to learn into a different format.

Make flashcards, produce a timeline, invent a mnemonic, take Cornell Notes, design a flowchart, make a PowerPoint.



Contact:	Week of Assessment:
Mr Bulteel bulteelw@holmer.org.uk	w/b 19 th January 2026
Assessment Content:	Reading a non-fiction text. Analysing language and structure. Writing an article/letter or speech.

Week	Revision focus	Resources
1. Reading to retrieve	Reading a text and finding information in the text and how to tackle unfamiliar words.	Understanding unfamiliar vocabulary
2. Reading to infer	Reading between the lines to infer what a writer means and its effect on the reader.	Exploring effect on the reader
3. Language and Structure devices	Identifying language and structure features in a text.	Language Structure
4. Analysing language and structure	Using PEEL paragraphs to analyse language and structure devices.	How to analyse a text
5. Planning your writing	Planning interesting and engaging features in your writing that are suited to audience and purpose.	Planning a letter
6. Shaping your sentences	Using different sentence types- short and long sentences- to create specific effects in your writing.	Shaping your text



Contact:	Week of Assessment:
Mr Ortega ortegaj@holmer.org.uk	w/b 19 th January 2026
Assessment Content:	Unit 1 Analysing and displaying data Unit 2 Number skills Unit 3 Expressions functions and formulae Unit 4 Decimals and Measures

Week	Revision focus	Resources
1. Analysing and displaying data	Watch the videos and complete the activities in Dr Frost for Unit 1 Analysing and displaying data	https://www.dr frost.org/co urses.php Year 7 Progress (2nd edition) Term 1 Unit 1 Analysing and displaying data
2. Number skills (Part 1)	Watch the videos and complete the first half of the activities in Dr Frost for Unit 2 Number skills	https://www.dr frost.org/co urses.php Year 7 Progress (2nd edition) Term 1 Unit 2 Number skills
3. Number skills (Part 2)	Watch the videos and complete the second half of the activities in Dr Frost for Unit 2 Number skills	https://www.dr frost.org/co urses.php Year 7 Progress (2nd edition) Term 1 Unit 2 Number skills
4. Expressions functions and formulae	Watch the videos and complete the activities in Dr Frost for Unit 3 Expressions functions and formulae	https://www.dr frost.org/co urses.php Year 7 Progress (2nd edition) Term 2 Unit 3 Expressions functions and formulae
5. Decimals and measures (Part 1)	Watch the videos and complete the first half of the activities in Dr Frost for Unit 4 Decimals and measures	https://www.dr frost.org/co urses.php Year 7 Progress (2nd edition) Term 2 Unit 4 Decimals and measures
6. Decimals and measures (Part 2)	Watch the videos and complete the second half of the activities in Dr Frost for Unit 4 Decimals and measures	https://www.dr frost.org/co urses.php Year 7 Progress (2nd edition) Term 2 Unit 4 Decimals and measures



Contact:	Week of Assessment:
Miss Kang kanga@holmer.org.uk	w/b 05 th January 2026
Assessment Content:	Cells, particles, forces, reproduction interdependence, atoms elements and compounds

Week	Revision focus	Resources
1 Cells	Complete tasks set on educake for cells and complete quiz Use Ark mastery student booklet for questions and tasks on cells	Cells
2 Particles	Complete tasks set on educake for particles and complete quiz Use Ark mastery student booklet for questions and tasks on Particles	Particles
3 forces	Complete tasks set on educake for forces and complete quiz. Use Ark mastery student booklet for questions and tasks on forces	Forces
4 Reproduction	Complete tasks set on educake for reproduction and complete quiz. Use Ark mastery student booklet for questions and tasks on reproduction	Reproduction
5 interdependence	Complete tasks set on educake for interdependence and complete quiz. Use Ark mastery student booklet for questions and tasks on interdependence	Interdependence
6 Atoms elements and compounds	Complete tasks set on educake for atoms elements and compounds and complete quiz Use Ark mastery student booklet for questions and tasks on Atoms elements and compounds	Atoms elements and compounds



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Miss Kang kanga@holmer.org.uk	w/b 05 th January 2026
Assessment Content:	Cells, particles, forces, reproduction interdependence, atoms elements and compounds

Week	Revision focus	Resources
1 Cells	Complete tasks set on educake for cells and complete quiz Use Ark mastery student booklet for questions and tasks on cells	Cells
2 Particles	Complete tasks set on educake for particles and complete quiz Use Ark mastery student booklet for questions and tasks on Particles	Particles
3 forces	Complete tasks set on educake for forces and complete quiz. Use Ark mastery student booklet for questions and tasks on forces	Forces
4 Reproduction	Complete tasks set on educake for reproduction and complete quiz. Use Ark mastery student booklet for questions and tasks on reproduction	Reproduction
5 interdependence	Complete tasks set on educake for interdependence and complete quiz. Use Ark mastery student booklet for questions and tasks on interdependence	Interdependence
6 Atoms elements and compounds	Complete tasks set on educake for atoms elements and compounds and complete quiz Use Ark mastery student booklet for questions and tasks on Atoms elements and compounds	Atoms elements and compounds



Contact:	Week of Assessment:
Miss Kinghorn: kinghorne@holmer.org.uk	w/c 8th December 2025
Assessment Content:	Ancient Medicine Norman Conquest

Week	Revision focus	Resources
1. Subject specific vocabulary.	Create flash cards for topic 1 (Ancient Medicine) and topic 2 (Norman Conquest'). A list of your key words can be found on your Key Word trackers in your books.	Website to make digital flashcards: https://quizlet.com/features/flashcards Preparation and Memorisation Document
2. Ancient Medicine	Complete an overview mind map that has 6WS (<i>Who, what when, where, why, so what (consequences)</i>) for each of our main subtopics in our medicine unit. 1) Greek Medicine (Cult of Asclepius, Hippocrates, Galen) 3) Roman medicine	Preparation and Memorisation Document. https://www.bbc.co.uk/bitesize/article/zk4nf82#zysq2v4
3. Norman Conquest	Create a timeline of events of the Norman Conquest including: <ul style="list-style-type: none"> - Edward Confessor dies - Battle of Stamford Bridge - Battle of Hastings - Harrying of the North - Castles - Domesday Book 	Preparation and Memorisation Document. https://www.bbc.co.uk/bitesize/topics/zshyrd
4. Question Practice – drawing inferences	Write an answer to this 4 Mark Source Question. Give 2 things you can infer from Source A about the impact of the Harrying of the North. <i>Source A: People were so hungry that they ate human flesh as well as horses, cats and dogs. It was horrific to see human corpses decaying in the houses and roads. For 9 years no one lived in the villages between York and Durham.</i> What I can infer: Details in the source that tell me this: Repeat this twice.	Preparation and Memorisation Document.
5. Explain why practice.	Write an answer to this 12 mark Explain why question. Explain why William won the Battle of Hastings. <ul style="list-style-type: none"> - Williams Strengths - Harolds Weaknesses - Luck One reason why William won was... For example.... This enabled William to win as....	Preparation and Memorisation document Exercise book https://www.bbc.co.uk/bitesize/articles/z9mw8hv



Contact:	Week of Assessment:
Mr Wooller woollera@holmer.org.uk Mrs Quinn quinnl@holmer.org.uk Ms Sood soodp@holmer.org.uk Miss Owings owingsp@holmer.org.uk Mr Barrett barrettc@holmer.org.uk Miss Hollis hollisl@holmer.org.uk	W/b 12 January 2026
Assessment Content:	What is Geographer Topic – Continents, Oceans, Maps, Research, GIS, Human and Physical features, OS Map Skills

Element	Revision focus	Resources
1. Locational Knowledge	Location of Continents and Oceans	Link to Quiz attached to your class Teams by your teacher. BBC Bitesize - What is Geography
2 What is Geography?	Three types of geography and examples	BBC Bitesize Link
2. Map Skills	OS Map Skills, 4 and 6 Figure Grid References	Link to Quiz attached to your class Teams by your teacher. BBC Bitesize - Map Skills OS MapZone





Contact:	Week of Assessment:
Miss Kirkpatrick kirkpatrickj@holmer.org.uk	w/b 18th December 2025
Assessment Content:	12-mark exam style question using a F-A-R-M structure written in lesson based on the Development in Christian Thought unit

Week	Revision focus	Resources
1. Researching Jesus	Knowledge of religious founder: Make a timeline on the life of Jesus highlighting the key parts of his life	Life of Jesus, BBC Bitesize
2. Christian actions	Active ways religious believers help: Research three ways that Christian charities help people today	Christian Aid
3. Christian teachings	Using scripture to support actions: Research and write down three Bible quotes that impact Christians today	Biblegateway tool
4. Analysing Bible quotes	Explaining scripture: Choose two of the quotes you researched last week and explain why Christians follow them	Why the Bible is useful
5. Your view	Now that you have researched Christian charities and Bible quotes, which is the best Christian charity and why?	Writing a PEE paragraph
6. Modern day issues	Applying religion to the 2024: Explain three modern issues you think Christians should focus on tackling	Modern day issues



Contact:	Week of Assessment:
Mrs de Groot DeGrootK@holmer.org.uk	w/c 8 December 2025 w/c 2 February 2026
Assessment Content:	Listening, reading and writing papers.

Topic	Revision focus	Resources
Module 2.1 Qu'est-ce que tu penses de tes matières ? School subjects	Giving opinions and justifying them (giving reasons why)	Vocabulary flashcards. Grammar notes in ex. Books www.languagesonline.org.uk
Mod 2.2 Qu'est-ce que tu portes ? What you wear at school	Using adjectives – agreement and placement	Vocabulary flashcards. Grammar notes in ex. Books www.languagesonline.org.uk
Mod 2.3 Ta journée scolaire est comment? The school day	Regular –er verbs; telling the time (12 and 24 hour clock); using sequencer words, e.g. <i>d'abord, ensuite, puis</i> etc.	Vocabulary flashcards. Grammar notes in ex. Books www.languagesonline.org.uk
Mod 2.4 C'est comment, un collège français ? Learning about typical French schools	Comparatives and cultural differences	Vocabulary flashcards. Grammar notes in ex. Books www.languagesonline.org.uk
Mod 2.5 Un collège super-cool ! Your ideal school	Agreeing and disagreeing; using <i>pas...DE</i> ; conversation practice	Vocabulary flashcards. Grammar notes in ex. Books www.languagesonline.org.uk
Mod 3.0 Point de départ - weather and seasons	Weather phrases, e.g. <i>il y a.... il fait... il [pleut/neige]</i>	Vocabulary flashcards. Grammar notes in ex. Books www.languagesonline.org.uk
Mod 3.1 Tu es sportif/sportive ? Sports you <u>play</u>	Using <i>jouer au/à la / aux</i> with sports; using <i>jouer</i> ; using negatives; describing a photo	Vocabulary flashcards. Grammar notes in ex. Books www.languagesonline.org.uk
Mod 3.2 Qu'est-ce que tu fais ? Activities you <u>do</u>	Using <i>faire du / de la / de l' / des</i> with activities/sports you DO; asking and answering questions	Vocabulary flashcards. Grammar notes in ex. Books www.languagesonline.org.uk
Mod 3.3 Les sports dans les pays francophones – sports in French-speaking countries	Cultural awareness of different areas of French-speaking places and sports played there and why	Vocabulary flashcards. Grammar notes in ex. Books www.languagesonline.org.uk



Contact:	Week of Assessment:
Mrs de Groot DeGrootK@holmer.org.uk	w/c 8 December 2025 w/c 2 February 2026
Assessment Content:	Listening, reading and writing papers.

Topic	Revision focus	Resources
Módulo 2.1 ¿Qué te gusta hacer? What you like doing	Giving opinions, using <i>me gusta / me encanta + infinitive etc.</i> Using connectives, e.g. <i>y, pero, también</i> etc.	Vocabulary flashcards. Grammar notes in ex. Books www.languagesonline.org.uk
Mod. 2.2 ¿Cantas karaoke? Free time activities	Using <i>-ar verbs</i> in the present tense Time phrases, e.g. <i>todos los días</i> etc.	Vocabulary flashcards. Grammar notes in ex. Books www.languagesonline.org.uk
Mod 2.3 ¿Qué hace cuando llueve? Talking about the weather	Weather <i>hace frío/calor</i> etc. Understanding of where else in the world Spanish is spoken	Vocabulary flashcards. Grammar notes in ex. Books www.languagesonline.org.uk
Mod 2.4 ¿Qué deportes haces? Sports you <u>do</u> and play	Conjugation of the verbs <i>hacer</i> and <i>jugar</i> ; Understanding the need to use <i>al</i> after <i>jugar</i>	Vocabulary flashcards. Grammar notes in ex. Books www.languagesonline.org.uk
Mod 2.5 ¿Eres fanático? Different hobbies	Using question words; Understanding how stress accents affect pronunciation	Vocabulary flashcards. Grammar notes in ex. Books www.languagesonline.org.uk
Módulo 3: Mi insti 3.1 ¿Qué estudias? Subjects at school	Using <i>-er verbs</i>	Vocabulary flashcards. Grammar notes in ex. Books www.languagesonline.org.uk
Mod 3.2 ¿Te gustan las ciencias? Opinions on school subjects	Giving opinions, particularly with plural subjects, e.g. <i>me gustan, me encantan</i>	Vocabulary flashcards. Grammar notes in ex. Books www.languagesonline.org.uk
Mod 3.3 ¿Qué hay en tu insti? Describing your school	Being able to use the definite and indefinite articles (<i>el, la, los, la / un, una, unas, unos</i>)	Vocabulary flashcards. Grammar notes in ex. Books www.languagesonline.org.uk
Mod 3.4 Durante el recreo – break time	Using <i>-er</i> and <i>-ir verbs</i> (present tense)	Vocabulary flashcards. Grammar notes in ex. Books www.languagesonline.org.uk



Contact:	Week of Assessment:
Mrs Nicholls nichollsv@holmer.org.uk	w/b 19 th January 2026
Assessment Content:	Hygiene and safety Knife skills Nutrition

Week	Revision focus	Resources
1. Knife safety	Use practical lessons to perfect skills and practice at home Understand why we use the bridge hold or claw grip	Refer to your OneDrive booklets-slide 1&8 Practical lessons-watch closely when the teacher demonstrates this skill
2. Washing up	Familiarise yourselves with the correct washing up procedure	Refer to your OneDrive booklets slide 9 Use practical lesson time to recap
3. Hygiene	Focus on safe food preparation and cooking	Bad food live video Link: https://hgss.planetestream.com/View.aspx?id=1035~4j~JOMfk6ux Workbooks slides 6&7
4. Oven and hob safety	Remind yourself of safe practice when using hobs and ovens	Refer to your OneDrive booklets and use practical lesson time to recap
5. Understanding ingredients	Understand how to substitute ingredients for others within the same section of the Eatwell Guide	Look at the Eatwell Guide in your workbooks Look at recipes online to see how they use alternatives
6 Healthy eating and Nutrition	Revise the Eatwell guide including the groups and amounts of each group you should consume	Refer to your OneDrive booklets There is also a video: https://www.bbc.co.uk/bitesize/guides/z8rqw6f/revision/1 The Eatwell Guide NHS: https://www.nhs.uk/live-well/eat-well/food-guidelines-and-food-labels/the-eatwell-guide/?scrllybrkr=75bd8534



Contact:	Week of Assessment:
Mrs Nicholls nichollsv@holmer.org.uk	w/b 26 th January 2026
Assessment Content:	Design Ideas Practical – Desk Tidy E Book

Week	Revision focus	Resources
1. Check your design ideas.	Have you got 3 different ideas? Are they well presented with some colour on them?	Use your E book on your One Drive
2. Check the annotation of your design ideas.	Is it detailed? Have you described and explained your ideas? Have you said what is good about your ideas and how they can be improved?	Use your E book on your One Drive
3. Check your practical work.	Have you showed some different skills and complexity in your practical skills? Are you making sure there are no rough edges on your product.	In your practical lessons.
4. Check your Brief & Spec.	Is your brief written in full sentences & explain what it is you are designing & making. Is your specification a bullet pointed list of things your desk tidy must do? Does it have at least 5 points?	Use your E book on your One Drive
5. Check your Health and Safety write up.	Have you explained how to use all the machines in your book safely? Have you written in full sentences & checked your spellings. Have you included what you must wear when using the machines.	Use your E book on your One Drive
6. Check your book.	Have you some evidence of you using CAD/CAM in your project. Have you put your Techsoft and or your Tinkercad work in your book?	Use your E book on your One Drive



Contact:	Week of Assessment:
Mrs Whitby whitbyra@holmer.org.uk	w/b 8th December 2025
Assessment Content:	Completing a music theory test Performing Ode to Joy on the keyboards

Week	Revision focus	Resources
1. Note Durations	Identifying the symbols, their names and how many beats they are worth	Note durations
2. Pitches	Practice how to read treble clef notation	Reading treble clef notation
3. Sharps and Flats	Identifying the symbols and what they mean	Sharps and Flats
4. Timbre	Comparative listening activities for different timbres	Examples of Timbres
5. Orchestral families	Exploring the four orchestral families and which instruments belong in which.	Orchestral families
6. Time Signatures	Understanding what each number means and what they represent	Time signatures





Contact:	Week of Assessment:
Mr Sheldrake sheldrakeg@holmer.org.uk	w/b 8th December 2025
Assessment Content:	Producing a performance in the style of Melodrama

Week	Revision focus	Resources
1. Stock characters	Who are the stock character and how are they presented on stage	Basics of Melodrama Stock characters
2. Sound and staging	How can sound be used to communicate to an audience. Stage positioning and rules	Stage Positions Sound Effects
3. Dialogue and narrative	How to use dialogue and vocal skills effectively. How to create a typical narrative	Melodrama Performance
4. Script work	How to write a coherent script for performance	Tips for a Melodrama Script
5. Rehearsals	Ensure you understand the requirements of the task and how achieve these in your performance	Rehearsals with your performance group
6. Performance and Evaluation	Perform and evaluate how yourself and peers have used the skills of melodrama effectively	Rehearsals with your performance group