



HGSS SKI TRIP 2019 – 15 – 23 February to Folgaria, Italy

Kit list

The following items recommended for packing:

- **Passport - essential**
- **EHIC Card - essential**
- **Personal medication** – in a container marked with the student's name and please also provide a letter signed by a parent giving details of dosage etc - **essential**
- Travel sickness pills
- **Money** – we suggest a maximum of £15 - £30 Sterling and €50 - €100 Euros. Money should be in a purse/wallet marked with the student's name – **essential**

For Skiing - essential

- Sun cream
- Re-usable Water Bottle
- Small ruck-sack/Bumbag
- Sunglasses
- Ski goggles
- Lip salve
- Plasters for Blisters
- Ski hat
- Ski Gloves
- Ski suit/salopettes
- Ski jacket
- Scarf or neck warmer
- Polo-necks or T-shirts (cotton) x 3
- Fleece, pullover or sweatshirt x 2
- Thermals/leggings
- Ski socks x 3

When not Skiing

- Suitable leisurewear – warm – keep to a minimum
- Regular socks for après ski
- Snow boots or shoes
- Toiletries
- Night clothes
- Slippers/indoor shoes
- Underwear
- Camera – check Insurance Policy
- Alarm Clock/watch
- Small games for the journey/evenings
- Cards / reading material for journey / DVD's Certificate 12 or below
- Electronic games/devices - check Insurance Policy
- European travel adaptor for electrical equipment
- Snacks/Biscuits for your room

Please note Mobile Phones will not be allowed on the trip