

## **BTEC SPORT**

### **Year 12**

#### **UNIT 1 – Anatomy and Physiology (33%)**

**(1 hr 30 min exam at the end of year 1)**

#### **UNIT 2 - Fitness Training and Programming for Health, Sport and Well-being (33%)**

**(4 hr open book preparation from pre-release, followed by a 2 hr 30 min exam two weeks later)**

### **Year 13**

#### **UNIT 3 – Professional Development in the Sports Industry (17%)**

**(Coursework based module)**

#### **UNIT 5 – Application of Fitness Testing (17%)**

**(Coursework based module)**