



SUBJECT PSHCE -KS4

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year 10	Area of Study: Health and Well-being 1	Area of Study: Relationships 1	Area of Study: Wider World 1	Area of Study: Health and Well-being 2	Area of Study: Relationship 2	Area of Study: Wider World 2
	Content: <ul style="list-style-type: none"> • Bullying • New Challenges • Reframing Negative Thinking • Mental Health • Maintaining and Monitoring Health • First Aid 	Content: <ul style="list-style-type: none"> • Negative Relationships • Relationship Abuse • Consent • Sexting • Sharing Sexual Images • Sexual Harassment 	Content: <ul style="list-style-type: none"> • Credit and Debit • Budgeting • Income Tax and NI • Managing Debt • Mortgages • Gambling 	Content: <ul style="list-style-type: none"> • Drugs and the Law • Advertising/Harmful Behaviours • Pregnancy/Miscarriage • Blood/Organ Donations • NHS/Seeking Help • STIs/Sexual Health 	Content: <ul style="list-style-type: none"> • Bereavement • Sexual Exploitation • Abortion • Divorce/Single parenting • Adoption • Safe Sex 	Content: <ul style="list-style-type: none"> • UK Government • Local Government • Knife Crime • Refugees • Born In Syria 1 • Born in Syria 2

Support at home

https://www.mind.org.uk/	NSPCC	Barclays Life Skills	NHS	NHS Sexual Health	BBC News
Assessments: No AP assessments for PSHCE		Careers in the Curriculum: Finance (real life scenarios) Mental Health support. NHS UK/Local Government departments.			



Year 11	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
	Area of Study: Health and well-being 1	Area of Study: Relationships 1	Area of Study: Wider World 1	Area of Study: Health and well-being 2	Area of Study: Pre Exam	Area of Study:
	Content: <ul style="list-style-type: none"> Self-Esteem Revision Techniques Exam Stress Post 16 Action Plans Curriculum Vitae Work Experience/Applications 	Content: <ul style="list-style-type: none"> Abortion Violence Against Women Discrimination Sexual Harassment Human Rights Divorce/Single parenting 	Content: <ul style="list-style-type: none"> Employability Interview Skills Enterprise and Entrepreneurs Dragons Den Intro Dragons Den Preparation Dragons Den Presentation 	Content: <ul style="list-style-type: none"> STIs/Sexual Health Personal Hygiene Pregnancy/Miscarriage Blood/Organ Donations Health Screening First Aid 	Content: <ul style="list-style-type: none"> Revision/Exam Stress Revision/Exam Stress Revision/Exam Stress 	Content

Support at home

(Please add any online resource links below to support home learning)

Encouraging discussion at home about lesson topics.	Young Minds- Coping with Exam Stress	NSPCC	Barclays Life Skills	NHS Sexual Health
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Assessments

Assessments: No AP Assessments in PSHE.	Careers in the Curriculum: Creating a CV Work Experience Applications Employability Interview Skills Enterprise and Entrepreneurs
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Holmer Green Senior School

Work Hard, Be Kind, Have Passion
